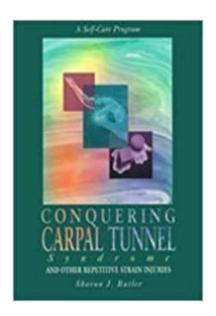


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The Carpal Tunnel Syndrome Book: Preventing And Treating CTS





Synopsis

Explains how Carpal Tunnel Syndrome--nerve damage in the wrists from performing repetitive tasks--is developed; how computer users, assembly-line workers, and others can reduce the risk of injury; how to recognize symptoms; and more.

Book Information

Mass Market Paperback: 207 pages

Publisher: Grand Central Publishing (November 1, 1993)

Language: English

ISBN-10: 0446365270

ISBN-13: 978-0446365277

Product Dimensions: 4.1 x 6.8 x 0.6 inches

Shipping Weight: 3.2 ounces

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